

Headteacher Blog

1st April 2022 Physical Education Curriculum at Delamere

Dear Parents and Carers,

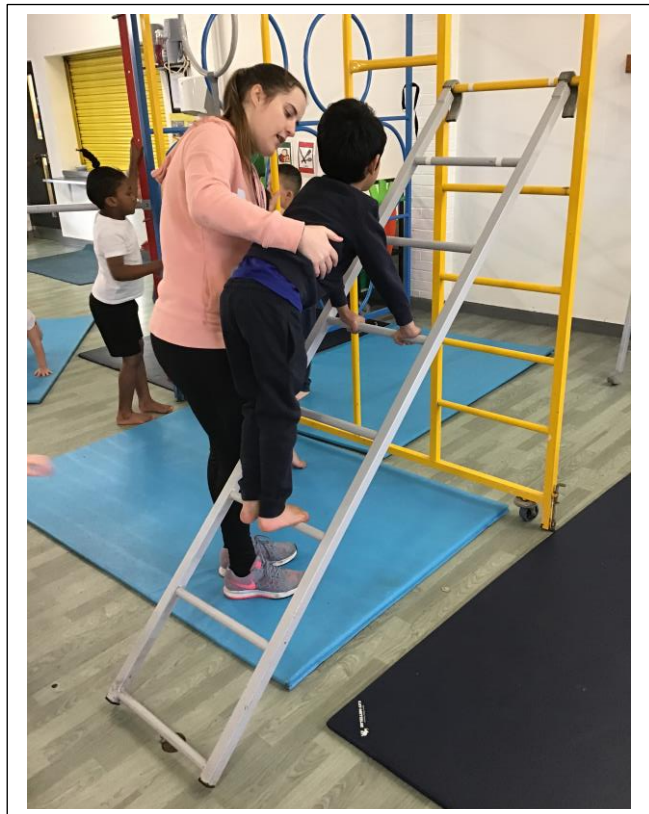
This week I spent some time in Ladybird class and joined them for a PE lesson.

There are so many skills involved in PE at Delamere – from the self help skills being practised while children get changed, the physical skills required for the activity, the social skills needed when children are waiting their turn, following instructions etc and the personal development that take place when children find things tricky and have to keep practising to get it right.

I saw all of these things in action during the gymnastic session with Ladybird class this week.

They took inspiration from some video clips, then went into the hall and had a go themselves at standing on one leg, making different shapes with their bodies such as the bridge and the crab, practised moving in different ways such as climbing, rolling and sliding, waited their turn on the apparatus, and learned how to cope when things didn't go perfectly the first time!

Every child had personal attention from a staff member who took time to encourage the children's confidence as well as suggest ways they could improve.





Great work Ladybirds



Take care until next week,

Sally Judge