

PE and Sports Grant

The primary PE and sport premium was introduced in **March** 2013 to improve the provision of physical education and school sport in primary schools across England. The £150 million per year funding is provided jointly by the Departments for Education, Health, and Culture, Media and Sport (DfE, DH, DCMS)

This funding is ring-fenced and therefore can only be spent on provision of PE and sport in schools.

Why was the School Sports Grant created?

All young people should have the opportunity to live healthy and active lives. A positive experience of sport and physical activity at a young age can build a lifetime habit of participation and is central to meeting the government's ambitions for a world-class education system.

Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement.

The [School Sport and Activity Action Plan](#) set out government's commitment to ensuring that children and young people have access to at least 60 minutes of sport and physical activity per day, with a recommendation of 30 minutes of this delivered during the school day

The PE and sport premium can help primary schools to achieve this aim, providing primary schools with £320m of government funding to make additional and sustainable improvements to the quality of the PE, physical activity and sport offered through their core budgets.

Purpose of funding

The PE and sport premium should be used to:

- develop or add to the PE, physical activity and sport that your school provides
- build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years

At Delamere there is a mix of children from a range of backgrounds with a range of special educational needs. What works in mainstream schools does not always work with children with SEN. Our approach has been to look at the activities that the children enjoy and encourage participation in these.

The impact of the use of the grant will be reviewed at the end of each year.

Sports Grant Report 2013-2020

Objective

- To effectively use the Sports Grant to raise the profile and outcomes for children in PE, Sport and physical activity across school

Summary of Grant spending Academic Year Sept 2019- Aug 2020: £7,940	Impact of spending
<ol style="list-style-type: none"> Manchester City in the Community - £5000 Flixton Girls School Sports Partnership - £400 Swimming lessons through Trafford Community Leisure Trust - £1800 Equipment - £740 	<ol style="list-style-type: none"> Partnership with Manchester City in the Community who provide highly experienced practitioners to deliver multiskills sessions of a high standard to our pupils. The sessions are varied each week and promote progress and improvement in every pupil. In addition, we are able to access inclusive sports events through our relationship with Manchester City. Trafford School Sports Partnership has enabled our pupils here at Delamere to access competitions, events and festivals which we would otherwise not have had the opportunity to access. It has allowed us to participate in 'Dance' Festivals, Inclusion Festivals, free P.E courses, and the Partnership has also supported Delamere in achieving the Gold Mark in the 'School Games Mark' for the last 2 years We believe that having the opportunity to learn to swim and gain core knowledge regarding water safety are vitally important for our children & we have continued to access swimming lessons at Partington Leisure Centre. This provides our children with the opportunity to develop confidence in and around water as well as encouraging important life skills around self-care. We are continually improving and developing our outdoor play areas to provide children with access to a wide range of resources and equipment linked to our Outdoor Learning.

Due to COVID-19 we haven't spent our full allocation but are currently finalising how we plan to utilise:

- Swimming (assuming this will continue): £1800
- Adam Robinson ½ day per week :£3088 (from April 2020-March 2021)
- Costs towards pool lights £1800
- Cost towards lockers £1800
- Cost towards other FF&E £1000

Summary of Grant spending Academic Year Sept 2018- Aug 2019: £16,700	Impact of spending
<ol style="list-style-type: none"> 1. Manchester City in the Community - £5000 2. Flixton Girls School Sports Partnership - £400 3. Swimming lessons through Trafford Community Leisure Trust - £1800 4. Contribution to Multi Use Games Area (MUGA) - £9500 	<ol style="list-style-type: none"> 1. Partnership with Manchester City in the Community who provide highly experienced practitioners to deliver multiskills sessions of a high standard to our pupils. The sessions are varied each week and promote progress and improvement in every pupil. In addition, we are able to access inclusive sports events through our relationship with Manchester City. 2. Trafford School Sports Partnership has enabled our pupils here at Delamere to access competitions, events and festivals which we would otherwise not have had the opportunity to access. It has allowed us to participate in 'Dance' Festivals, Inclusion Festivals, free P.E courses, and the Partnership has also supported Delamere in achieving the Gold Mark in the 'School Games Mark' for the last 2 years 3. Children have continued to access swimming lessons at Partington Leisure Centre where they have gained skills through the Everybody Swim Alpha Awards in recognition of the different skills that they develop each week. 4 . During the Summer of 2019 we invested in the installation of a multi-use games area (MUGA) which was partly funded by the PE & Sports grant. We have a high proportion of more physically able children and already had some quality outdoor play facilities for our Key Stage 1 pupils. We wanted to improve our sports equipment/outdoor play areas for Key Stage 2 to include facilities which would meet their specific needs and would encourage them to engage with sporting activities, therefore positively impacting both their physical & mental health. <p>The children at Delamere have some of the most limited access to physical activities outside of school due to the nature of their special educational needs which prevents them from joining the large majority of groups in the community The MUGA has enabled our pupils to take part in a number of different sports, including basketball, football and handball. We have already been able to host football matches with another Special School in Trafford</p> <p>Physical benefits of physical activity in childhood include greater bone strength and positive movement skill development; there is also evidence that physical activity is linked to improved cognitive functioning; reduces anxiety; has a positive effect on mental health & is linked to improved concentration and behaviour in the class room. Provision of this equipment will therefore contribute towards improving the health, emotional wellbeing, physical strength and range of movement of our children.</p> <p>The MUGA will also encourage the development of vital skills including social awareness, self confidence, balance and coordination whilst also promoting team work & positive</p>

behaviour.

It has enabled our children to participate in activities which they may be unable to access outside of the school environment due to the nature of their special educational needs.

Summary of Grant spending 2017-18 (academic year) - £7575	Impact of spending
<ol style="list-style-type: none">1. Manchester City in the Community - £26002. Flixton Girls School Sports Partnership - £3503. Swimming lessons through Trafford Community Leisure Trust - £23104. Yoga lessons - £5005. Equipment purchase & repair - £6396. Contribution to Bendrigg - £1176	<ol style="list-style-type: none">1. Partnership with Manchester City in the Community who provide highly experienced practioners to deliver multiskills sessions of a high standard to our pupils. The sessions are varied each week and promote progress and improvement in every pupil. In addition, we are able to access inclusive sports events through our relationship with Manchester City.2. Trafford School Sports Partnership has enabled our pupils here at Delamere to access competitions, events and festivals which we would otherwise not have had the opportunity to access. It has allowed us to participate in 'Dance' Festivals, Inclusion Festivals, free P.E courses, and the Partnership has also supported Delamere in achieving the Gold Mark in the 'School Games Mark' for the last 2 years3. Children have continued to access swimming lessons at Partington Leisure Centre where they have gained skills through the Everybody Swim Alpha Awards in recognition of the different skills that they develop each week.4. The delivery of weekly yoga sessions during the summer term5. Equipment has been purchase to enhance our sensory circuit. Repairs to our bikes have been undertaken,6 The Bendrigg residential was offered to Year 5 & 6 children. This week embeds skills needed for the successful transition into the next stage of their lives through a focus on communication, independence and enjoyment of active, healthy lifestyles.
Summary of Grant spending 2016-17 - £8267	Impact of spending
<ol style="list-style-type: none">1. Purchase of equipment - £452. Swimming lessons through Trafford Community Leisure Trust - £25363. Manchester City in the Community - £25004. Flixton Girls School Sports Partnership - £5005. Installation of Astroturf - £3200	<ol style="list-style-type: none">1. Underwater lights. For use in our hydrotherapy pool support the delivery of sessions for our pupils2. Children have accessed swimming lessons at Partington Leisure Centre where they have gained skills through the Everybody Swim Alpha Awards. http://everybody.org.uk/everybody-swim/alpha-awards/3. Partnership with Manchester City in the Community who provide highly experienced practioners to deliver multiskills sessions of a high standard to our pupils. The sessions are varied each week and promote progress and improvement in every pupil.4. Trafford School Sports Partnership has enabled our pupils here at Delamere to access competitions, events and festivals which we would otherwise not have had the opportunity

	<p>to access</p> <p>5. Improvement to our facilities at school providing a safe and enjoyable addition to our outside space.</p>
<p>Summary of Grant spending 2015-16 - £8250</p>	<p>Impact of spending</p>
<ol style="list-style-type: none"> 1. Swimming Lessons through Trafford Community Leisure Trust - £2532 2. One to One Swimming Lessons - £3800 3. Sports Partnership with Flixton Girl's School - £500 4. Simply Cycling – Cycling Activities – Summer Term 2015 - £88 5. Sports Equipment - £1330 	<ol style="list-style-type: none"> 1. Children have accessed swimming lessons at Partington Leisure Centre where they have gained skills through the Everybody Swim Alpha Awards. http://everybody.org.uk/everybody-swim/alpha-awards/ 3. Children across school have benefitted from 1-1 splash sessions with a qualified swimming teacher developing confidence and communication skills. 4. Being part of the Flixton Sports Partnership has enabled children from Delamere to take part in a number of events such as an inclusive Dance Festival. 5. Children have participated in inclusive cycling activities at Wythenshawe Park. These activities form part of our Healthy Lifestyles approach and develop skills that can be transferred into weekend and holiday times with parents and carers. 6. Crash mats and spotting mats have been purchased to support the delivery of rebound therapy sessions within school
<p>Summary of Grant spending 2014-15 - £8063</p> <p>Swimming Lessons through Trafford Community Leisure Trust - £2496</p> <p>One to One Swimming Lessons - £3800</p> <p>Sports Partnership with Flixton Girl's Grammar School - £500</p> <p>Simply Cycling – Cycling Activities – Summer Term 2015 - £56</p> <p>Contribution to Bendrigg Residential Trip - £1211</p>	
<p>Summary of Grant spending 2013-14 - £ 5005</p> <p>Swimming Lessons through Trafford Community Leisure Trust - £1456</p> <p>One to One Swimming Lessons - £2217</p> <p>Sports Partnership with Flixton Girl's Grammar School - £500</p> <p>Contribution to Bendrigg Residential Trip - £832</p>	