

PE and Sports Grant

The government is providing additional funding of £150 million per annum for academic years 2013 to 2016 to improve provision of physical education (PE) and sport in primary schools. This funding - provided jointly by the Departments for Education, Health and Culture, Media and Sport – has been allocated to primary school head teachers.

This funding is ring-fenced and therefore can only be spent on provision of PE and sport in schools.

Why was the School Sports Grant created?

The government believes that playing sport helps to keep people healthy and is good for communities. Playing sport at school or in a local club can be the first step to competition at the highest level, which can help to improve our reputation as a sporting nation, and can contribute to economic growth.

But when people leave school they often stop playing sports, which means people can't fulfill their sporting potential and this may lead to a less healthy lifestyle. They want to get more people playing sport safely from a young age, and help them keep playing sport throughout their life, no matter what their economic or social background.

Purpose of funding

Schools must spend the additional funding on improving their provision of PE and sport, but schools have been given the freedom to choose how they do this. A list of possible uses has been suggested.

The long term aim of Delamere is to use this money to provide specialist sessions led by either school staff if they have the skills or outside professionals if necessary.

At Delamere there are a mix of children from a range of backgrounds with a range of special educational needs. What works in mainstream schools does not always work with children with SEN. Our approach has been to look at the activities that the children enjoy and encourage participation in these.

The impact of the use of the grant will be reviewed at the end of each year.

Sports Grant Report 2016-19

Objective <ul style="list-style-type: none"> To effectively use the Sports Grant to raise the profile and outcomes for children in PE, Sport and physical activity across school 	
Summary of Grant spending 2016-17 - £8267	Impact of spending
<ol style="list-style-type: none"> Purchase of equipment - £45 Swimming lessons through Trafford Community Leisure Trust - £2536 Manchester City in the Community - £2500 Flixton Girls School Sports Partnership - £500 Installation of Astroturf - £3200 	<ol style="list-style-type: none"> Underwater lights. For use in our hydrotherapy pool support the delivery of sessions for our pupils Children have accessed swimming lessons at Partington Leisure Centre where they have gained skills through the Everybody Swim Alpha Awards. http://everybody.org.uk/everybody-swim/alpha-awards/ Partnership with Manchester City in the Community who provide highly experienced practioners to deliver multiskills sessions of a high standard to our pupils. The sessions are varied each week and promote progress and improvement in every pupil.. Trafford School Sports Partnership has enabled our pupils here at Delamere to access competitions, events and festivals which we would otherwise not have had the opportunity to access Improvement to our facilities at school providing a safe and enjoyable addition to our outside space.
Summary of Grant spending; Academic Year Sept 2017- Aug 2018 - £7575	Impact of spending
<ol style="list-style-type: none"> Manchester City in the Community - £2600 Flixton Girls School Sports Partnership - £350 Swimming lessons through Trafford Community Leisure Trust - £2310 Yoga lessons - £500 Equipment purchase & repair - £639 Contribution to Bendrigg - £1176 	<ol style="list-style-type: none"> Partnership with Manchester City in the Community who provide highly experienced practioners to deliver multiskills sessions of a high standard to our pupils. The sessions are varied each week and promote progress and improvement in every pupil. In addition, we are able to access inclusive sports events through our relationship with Manchester City. Trafford School Sports Partnership has enabled our pupils here at Delamere to access competitions, events and festivals which we would otherwise not have had the opportunity to access. It has allowed us to participate in 'Dance' Festivals, Inclusion Festivals, free P.E courses, and the Partnership has also supported Delamere in achieving the Gold Mark in the 'School Games Mark' for the last 2 years Children have continued to access swimming lessons at Partington Leisure Centre where they have gained skills through the Everybody Swim Alpha Awards in recognition of the different skills that they develop each week. The delivery of weekly yoga sessions during the summer term Equipment has been purchase to enhance our sensory circuit. Repairs to our bikes have been undertaken,

6 The Bendrigg residential was offered to Year 5 & 6 children. This week embeds skills needed for the successful transition into the next stage of their lives through a focus on communication, independence and enjoyment of active, healthy lifestyles.

**Summary of Grant spending;
Academic Year Sept 2018- Aug 2019: £16,700**

Impact of spending

- 1. Manchester City in the Community - £5000
- 2. Flixton Girls School Sports Partnership - £400
- 3. Swimming lessons through Trafford Community Leisure Trust - £1800
- 4. Contribution to Multi Use Games Area (MUGA) - £9500

1. Partnership with Manchester City in the Community who provide highly experienced practitioners to deliver multiskills sessions of a high standard to our pupils. The sessions are varied each week and promote progress and improvement in every pupil. In addition, we are able to access inclusive sports events through our relationship with Manchester City.

2. Trafford School Sports Partnership has enabled our pupils here at Delamere to access competitions, events and festivals which we would otherwise not have had the opportunity to access. It has allowed us to participate in 'Dance' Festivals, Inclusion Festivals, free P.E courses, and the Partnership has also supported Delamere in achieving the Gold Mark in the 'School Games Mark' for the last 2 years

3. Children have continued to access swimming lessons at Partington Leisure Centre where they have gained skills through the Everybody Swim Alpha Awards in recognition of the different skills that they develop each week.

4. During the Summer of 2019 we invested in the installation of a multi-use games area (MUGA) which was partly funded by the PE & Sports grant. We have a high proportion of more physically able children and already had some quality outdoor play facilities for our Key Stage 1 pupils. We wanted to improve our sports equipment/outdoor play areas for Key Stage 2 to include facilities which would meet their specific needs and would encourage them to engage with sporting activities, particularly team games therefore positively impacting both their physical & mental health.

The children at Delamere have some of the most limited access to physical activities outside of school due to the nature of their special educational needs which prevents them from joining the large majority of groups in the community. The MUGA has enabled our pupils to take part in a number of different sports, including basketball, football and handball. We have already been able to host football matches with another Special School in Trafford

Benefits of physical activity in childhood include greater bone strength and positive movement skill development; there is also evidence that physical activity is linked to improved cognitive functioning; reduces anxiety; has a positive effect on mental health & is linked to improved concentration and behaviour in the class room. Provision of this equipment will therefore contribute towards improving the health, emotional wellbeing, physical strength and range of movement of our children.

The MUGA will also encourage the development of vital skills including social awareness, self confidence, balance and coordination whilst also promoting team work & positive peer relationships.

It has enabled our children to participate in activities which they may be unable to access outside of the school environment due to the nature of their special educational needs.