



Delamere: Let's Get Started November 2021 – March 2022  
Review

Compiled by Liz Johnson (FLO) and Lauren Macleod (HLTA)  
April 2022

**Background**

Following on from the success of the programme last academic year we ran it again, taking on board feedback from last year.

We decided to run it face to face after speaking to this year's cohort of parents.

**Recruitment**

We identified all the children new to the school, mainly nursery and reception. We rang each mum / carer to discuss it and gauge interest. We then sent out a flyer with the details about times, sent a programme of activities (appendix 1).

Due to the availability of ourselves and the room we ran it on Friday morning.

Each Wednesday the participants would receive a phone call reminder and each Thursday a reminder would go out on parent mail.

We opened it out both parents following a few dads asking if they could attend.

**Attendees**

18 parent /carers were originally identified and invited.

3 parents (2 same family) said no (1 due to college, 2 due to work)

15 agreed to take part.

4 more families were invited from January as their children joined our school.

1 dropped out after 3 sessions, stating they had an older child with similar issues so felt she had already covered the information.

3 parents attended every session. 1 parent attended 8, with 5 parents attending between 3 and 5 sessions and 6 attended none.

Of the 6 who attended none, 2 had partners who did attend, other reasons given included work. Liz Johnson offered home visits for the families unable to attend and 4 agreed to this.

Of the parents only able to attend between 3 and 5 sessions, child care was given as an issue (3 had children in PM nursery places)

### **Feedback**

The last session was partly used as a review of the group. A questionnaire had previously been sent to the participants and then was discussed at the session.

Appendix 2 shows the combined results. The feedback is overwhelmingly positive. Comments of note include:

- Knowing there is a point of contact in school made me feel so un alone
- Each session came away with a little nugget
- Hearing range of stories and situations, reassurance you are doing your best is ok, not everything is perfect
- Done activities in community / bought things as suggested by group

An email requesting feedback was sent to the parents who either initially declined or who didn't attend but no responses were received.

### **Success Indicators**

1. Whilst attendance was not as high as last year, we had 3 parents attend every session and other parents notifying us, giving apologies and reasons, partly their childcare or work. Home visits also took place for 4 who didn't attend to build relationships.
2. Positive feedback from the participants
3. Informal Positive feedback from the professionals who joined us, some of whom were parents of a child with additional needs themselves.
4. Staff felt good relationships with the participants, Family Liaison Officer had contact outside of the group and either picked up on issues during the sessions and followed these up or has been contacted by participants for support during or since the group.

### **Recommendations**

1. Invite those families where their child was in PM nursery to come when their child is in reception.
2. Re invite those who's children only joined the school in January.

Appendix 1 – Programme of activities

Appendix 2 – feedback from – results

Appendix 1

**Delamere: Let's Get Started!**

**10-11am at Delamere School**

- Run by Liz Johnson, Family Liaison Officer and Lauren MacLeod, Higher Level Teaching Assistant.

	<b>Date</b>	<b>Session title</b>	<b>Guest Speakers (to be confirmed)</b>
1	Friday 5 <sup>th</sup> Nov 2021	Introduction to the course All about My Family	
2	Friday 12 <sup>th</sup> Nov 2021	All about the EHC Process	Catherine Jones (Head of Early Years)
3	Friday 19 <sup>th</sup> Nov 2021	Reflection and questions Session	
4	Friday 26 <sup>th</sup> Nov 2021	Your Child's health	School Nurse – Rachel Davies-Owen
No session Friday 3 <sup>rd</sup> December due to Parent E-Safety session			
5	Friday 10 <sup>th</sup> Dec 2021	Play and Interaction	
6	Friday 17 <sup>th</sup> Dec 2021	Communication	
Christmas Holidays			
7	Friday 7 <sup>th</sup> Jan 2022	Your child's behaviour, including sleep	Susie Tinsley - CIBS
8	Friday 14 <sup>th</sup> Jan 2022	Eating and drinking	Speech and Language Therapist – Rebecca Myles
9	Friday 21 <sup>st</sup> Jan 2022	We're talking money!	STEP- Stronger Together Empowering Parents
10	Friday 28 <sup>th</sup> Jan 2022	Getting out and about	Sarah Bradley, SEND Local Adviser
No session 4 <sup>th</sup> February, 11 <sup>th</sup> February, 18 <sup>th</sup> February			
11	Friday 25 <sup>th</sup> Feb 2022	Next Steps	Friends of Delamere
12	Friday 4 <sup>th</sup> March 2022	Review and closing party	Trafford Parents Forum

**Delamere: Let's Get Started!  
Feedback**

What did you **want** to get out of the group?

- Confidence
- Meet other parents in similar situation
- Connection with school
- Information about specific subjects
- Understanding of child's needs
- Know schools ways and build links / contacts

What **did** you get out of the group?

- Loads, something from each session
- Knowing there is a point of contact in school made me feel so un alone
- Hearing range of stories and situations, reassurance you are doing your best is ok, not everything is perfect
- Feeling of not being alone and friends
- More than expected
- There is help and support out there
- It was like therapy
- I'm not alone, others are going through it
- Confidence, relating to others
- Connection to the school
- Done activities in community as suggested by group
- Bought things as suggested in group
- Each session came away with a little nugget

Which topics did you find most useful and why? (See chart overleaf)

- Behaviour / sleep
- Money
- EHCP
- Communication
- All were helpful
- Out and about
- Eating

Which topics were least helpful for you and why?

- None, all helpful
- Behaviour – only as my child's needs very different

Would you change anything about the group?

- Getting it out to more people
- Child care for children on PM nursery placements, offer again when in reception
- Keep to subject

Are there any subjects or professionals that you would like to have been included?

- Felt group covered good broad spread of subjects
- Covered everything / all relevant topics

What would you like to happen next? E.g. termly meetings, stay in touch via Whatsapp etc

- Revisiting throughout school as child grows and develops
- Whatsapp group
- Termly meeting would be nice

Please rate each of the sessions on how useful you found them

Session title	Not at all useful				Very
<b>Introduction to the course</b> All about My Family	1	2	3	4	5 (4)
<b>All about the EHC Process</b> (Catherine Jones head of EYFS- guest speaker)	1	2	3	4	5 (5)
<b>Reflection and questions Session</b>	1	2	3	4	5 (1) 5 (3)
<b>Your Child's health</b> (School Nurse- guest speaker)	1	2	3	4	5 (4)
<b>Play and Interaction</b>	1	2	3	4	5 (4)
<b>Communication</b>	1	2	3	4	5 (5)
<b>Your child's behaviour, including sleep</b> (Susie Tinsley – Guest)	1	2	3	4	5 (4)
<b>Eating and Drinking</b> (Rebecca Myles – Guest)	1	2	3	4	5 (5)
<b>We're talking money!</b> (STEP – guest)	1	2	3	4	5 (5)
<b>Getting out and about</b>	1	2	3	4	5 (4)
<b>Next Steps- the future</b> (Rowan Almond – guest)	1	2	3	4	5 (1) 5 (4)
<b>Review and Closing Party</b> (Trafford Parents Forum – Guest)	1	2	3	4	5 (5)

1=not useful at all, 5= very useful

Any other comments

- Found it so useful, taken away so much information, listening to peoples experiences have made me feel a little more normal which in turn has really helped me
  - Not been to all but the ones I attended were really useful