ASGMA

The Aspirations project was formed in 1999 to social and leisure activities for individuals with Asperger Syndrome and High Functioning Autism.
The project is open to people from the age of 10 years and upwards – with no upper age limit. The majority of people accessing the service are aged between 10 and 30.
To date, over 500 people have attended our activities.
The Aspirations project gives members the opportunity to socialise and make friends and have fun in a supported and protective environment.
To find out more about the Aspirations Project contact us at aspirations@asgma.org.uk or Tel: 0161 866 8483 then Option 3

Our current activities include:
Laser Quest, Bowling, Cinema, Swimming
Meals out
Youth Clubs: Evening and weekend
Take Away and DVD nights
Pub/ Social Nights
Football Team
Drop In Sessions: Daytime, evening and weekend
Independent Living Skills Classes
Cookery Group
Art Class
Walking/ Hiking Groups
Activity Days: Rock Climbing, Ice Skating, Canoeing or Paintball.
1-2-1 support
Holiday Activities have included: Alton Towers, Barge Trips, Chester Zoo, Day in the Lake District
Short Break Holidays.

Upcoming Events
18+ Activity Group D&D, Gaming, Creative Writing
November 5 @ 12:00 pm - 4:00 pm
10-18 Bolton Group
November 5 @ 5:00 pm - 7:00 pm
18+ Friday Group – Tea Cup Kitchen and Shopping
November 6 @ 12:00 pm - 3:00 pm
16+ Art Class
November 6 @ 12:30 pm - 3:00 pm