Owl Class Timetable: Spring 2023-24

PPA Friday pm Jo

	Monday		Tuesday		Wednesday	Thursday Hydro – physio led 4 week rota		Friday	
9.00 – 9.45	Hello/positioning		Hello/positioning		Hello/positioning	Hello/positioning		Hello/positioning	
	Reading for Sensory Pleasure –		P.E		Outdoor play Gardening area	Computing/switch skills		Outdoor play –	Soft play – physical skill
9.45 – 10.15	room/VI	, I			PLT	Computing, switch skills		trim trail	, , , , , , , , , , , , , , , , , , ,
10.15 – 10.45	Feeding routines/choosing		Feeding routines/choosing		Feeding routines/choosing	Feeding routi	nes/choosing	Feeding routines/choosing	
10.45 – 11.30	Sensory room/VI	Reading for Pleasure – sensory story	Art	Chose time	Reading for Pleasure – massage story	Fine motor		Sensology	
11.30 – 11.50	Maths - number		Reading for Pleasure – song basket		Attention games/Choose time	Reading for Pleasure – Essential text		Reading for Pleasure Resonance Board – table top poems and rhymes	
11.50- 12.00	Daily Worship/Oral motor programmes								
12.00 – 12.45	Lunch		Lunch		Lunch	Lunch		Lunch	
12.45 – 1.00 pm	Good Afternoon song Switch work: Days of the week / hello / zones of regulation								
1.00- 1.30pm	Choose time		PLT		R.E	Exploratory play		Musical instruments	
1.30 – 2.15	Outdoor Learning/Science		Dance Massage		Music	Food Tech		Rebound/Maths – SSM (Geometry- positional)	
2.20 pm	Snack/ Repositioning / toileting								
2.40 – 3.00	Outdoor Learning/science		Communication		Switch skills	Sensory room/VI	PSHE	Rebound	/story
3.00 – 3.30	Mindfulness session / Celebrations/ Goodbye song								